



MANAGING YOUR CHILD'S ANGRY FEELINGS

Six week course



Youth and Families Matter
listening . caring . empowering

YOUTH AND FAMILIES MATTER

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The Queen's Award
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Managing your child's angry feelings is a course aimed at parents who would like some tips on helping them manage their children's angry outbursts.

It's a six week course looking at triggers and strategies.

The course usually takes place either Monday evenings or Thursday mornings for approximately 1.5 - 2hrs.
